

MPT Neurology Graduate Career & Immigration Roadmap

For: Tasmeen Choudhary | MPT Neurology (2023) | SCFHS Registered —
Technician-Physiotherapy (BPT-based, No Exam) Primary Goal: International Employment |
Saudi Arabia License Already Active

Countries Covered: Saudi Arabia | UAE | Qatar | Kuwait | Oman | Bahrain | UK | Australia | Canada | New Zealand | Germany | India

YOUR PROFILE — STRENGTHS & HONEST ASSESSMENT

You are in a stronger position than most Indian physiotherapists seeking international work. MPT Neurology is a premium specialisation globally — neurological rehabilitation is one of the fastest-growing therapy areas worldwide due to rising stroke, Parkinson's, MS, and TBI caseloads. Your SCFHS registration means you have already completed the Gulf credential verification process. Here is an honest read of your situation:

STRENGTH	WHAT IT MEANS FOR YOU
MPT Neurology (2023)	Globally valued specialisation. Stroke, TBI, SCI rehab in demand everywhere.
SCFHS Registered (Technician rank, BPT basis)	No exam was required — SCFHS registration for BPT holders is done through DataFlow primary source verification of your documents. Registration is active until Jan 2027. Your Technician rank can be upgraded to Practitioner rank by submitting your MPT degree to SCFHS — this alone raises your eligible salary band in Saudi hospitals.
Female physiotherapist	Strong preference in women-only wards/clinics in Gulf countries. Also valued in paediatric and geriatric settings globally.
CHALLENGE	HONEST REALITY
No job offer after ~1 year of searching	Suggests the application strategy, CV format, or visibility needs adjustment — NOT a reflection of your qualifications.
No additional international certifications yet	NDT/Bobath, BLS/ACLS, OET — these certifications significantly increase shortlisting rates abroad and are the highest-ROI investment you can make right now.

IMMEDIATE PRIORITY: SAUDI ARABIA — YOUR LOWEST HANGING FRUIT

You already have an active SCFHS registration valid until January 2027. This took no written exam — it was granted through DataFlow verification of your BPT credentials. Most Indian physiotherapists spend 4-9 months just getting to this point. You are job-ready in Saudi Arabia today. The only thing missing is the right application strategy.

CRITICAL FIRST STEP — Upgrade your SCFHS rank:

Your current classification is Technician-Physiotherapy (BPT-based). By submitting your MPT Neurology degree and transcripts to SCFHS, you can apply for reclassification to Practitioner or Specialist rank. This is done online at scfhs.org.sa under 'Classification Services'. A higher rank means higher minimum salary eligibility in

government hospitals and better negotiating position in private hospitals.

Why applications may not be converting:

- CV format: Saudi hospitals expect clinical hours, specialisations, equipment operated, and patient load per day explicitly listed. Generic CVs are discarded.
- LinkedIn visibility: Saudi and Gulf HR managers actively search LinkedIn. Add keywords: 'Neurological Physiotherapy', 'Neurorehabilitation', 'Stroke Rehabilitation', 'SCFHS Registered'.
- Application channel: Most Indian PTs apply only to job boards. Real vacancies are on hospital careers portals and through MOL-registered in-country agents.
- Salary expectation mismatch: Starting package for Technician rank is SAR 4,000–5,500/month; after MPT reclassification to Practitioner: SAR 5,500–7,500/month.

WHERE to apply directly:

- Saudi Ministry of Health hospitals: moh.gov.sa — largest employer of PTs in KSA.
- King Faisal Specialist Hospital & Research Centre (KFSH&RC;), Riyadh — hrsd.kfsh.med.sa.
- Johns Hopkins Aramco Healthcare (JHAH), Dhahran.
- Saudi German Hospital Group — actively recruits Indian PTs.
- Dr. Sulaiman Al Habib Hospital Group.
- Naukrigulf.com, GulfTalent.com — Gulf-specific job boards.
- LinkedIn Jobs — search 'Physiotherapist Neurology Saudi Arabia'.

SCFHS Rank	Monthly Salary (SAR)	Monthly (INR approx.)
Technician (current — BPT)	SAR 4,000–5,500	Rs. 90,000–1,23,000
Practitioner (after MPT reclassification)	SAR 5,500–7,500	Rs. 1,23,000–1,68,000
Specialist (with experience + MPT)	SAR 7,500–10,000	Rs. 1,68,000–2,24,000

ADVANTAGES	CHALLENGES / CAUTIONS
+ SCFHS registration already active — no waiting period.	- SCFHS Technician rank limits starting salary.
+ Tax-free salary; accommodation often provided.	- Single-employer iqama visa ties you to one hospital.
+ Large Indian community; cultural familiarity.	- Long-term career ceiling lower than UK/Australia.
+ Quick to join once offer letter received (2-4 weeks).	- SCFHS license must be renewed every 2 years — costs money without employer.
+ MPT reclassification possible — higher rank, higher pay.	- Lifestyle restrictions for single women, though improving.
+ Gateway experience for rest of Gulf.	

DESTINATION 2: UAE — BEST OVERALL GULF PACKAGE

UAE offers the highest PT salaries in the Gulf, the most cosmopolitan working environment, and best lifestyle for Indian female professionals. Dubai and Abu Dhabi have world-class neurorehabilitation centres. Licensing is separate from SCFHS but your DataFlow verification history and experience speeds the process.

Licensing pathway (no written exam for Technician/basic levels in some emirates; Prometric MCQ required for Practitioner level):

- DHA (Dubai): dha.gov.ae — DataFlow verification + Prometric MCQ exam. Fee: ~AED 800. Timeline: 2–4 months.
- DOH (Abu Dhabi): dataflow verification + Prometric. Similar timeline.
- MOH (Sharjah, Ajman, RAK): slightly easier entry point for first-timers.
- Your SCFHS registration proves DataFlow is complete for BPT — mention this in your DHA application; it can reduce processing time.

Key employers:

- Cleveland Clinic Abu Dhabi — world-class neuro rehab unit.
- NMC Healthcare, Mediclinic Middle East, Aster DM Healthcare.
- SEHA (Abu Dhabi Health Services) — government hospitals.
- American Hospital Dubai, Zulekha Hospital, Thumbay Hospitals.

Role	Monthly (AED)	Monthly (INR approx.)	Package
PT fresher / MPT entry	AED 5,500–8,000	Rs. 1,25,000–1,80,000	Often includes accomm.
Neuro Specialist (2–3 yrs)	AED 8,000–12,000	Rs. 1,80,000–2,70,000	Full package
Senior / HOD	AED 12,000–18,000	Rs. 2,70,000–4,05,000	Full package

ADVANTAGES	CHALLENGES / CAUTIONS
+ Highest PT salaries in Gulf, tax-free.	- Prometric MCQ exam required for Practitioner level.
+ Excellent safety and lifestyle for women.	- High cost of living — accommodation is the biggest expense.
+ Large Indian diaspora; familiar food and culture.	- DataFlow + exam fees upfront: Rs. 30,000–50,000.
+ Golden Visa (10-yr) possible after establishing.	- Competition from UK/Australia-trained PTs for senior roles.
+ World-class hospital infrastructure.	

DESTINATION 3: QATAR

Qatar has the highest per-capita healthcare spend in the Gulf and rapidly expanding hospital infrastructure. Hamad Medical Corporation (HMC) is the government healthcare system and one of the best Gulf employers for Indian PTs. Labour reform since 2021 makes job mobility between employers easier — no NOC required to change jobs.

Licensing	Key Employers	Salary (pm)	Notes
QCHP exam (qchp.org.qa) DataFlow + Prometric MCQ	Hamad Medical Corp (HMC) Sidra Medicine Aspetar Sports Hospital	QAR 5,500–10,000 (Rs. 1.2–2.2L)	Accommodation + flights included. Neuro PT openings at HMC are regular.

DESTINATION 4: KUWAIT, OMAN & BAHRAIN

Country	Licensing	Key Employer	Salary (pm)	Practical Note
Kuwait	MOHS Kuwait (document-based)	Ministry of Health Hospitals	KWD 450–700 (Rs. 1.2–1.85L)	Government hospitals dominant; slower hiring cycle.
Oman	OMSB (document-based)	Sultan Qaboos Univ. Hospital, IHC	OMR 600–950 (Rs. 1.3–2.1L)	Family-friendly, quieter pace. Good for first Gulf posting.
Bahrain	NHRA (document-based)	King Hamad Hospital, BDF Hospital	BHD 500–800 (Rs. 1.1–1.8L)	Smallest market but proximity to Saudi is useful.

DESTINATION 5: UNITED KINGDOM — BEST LONG-TERM CAREER PATH

The UK NHS is the world's largest single employer of physiotherapists. MPT Neurology is directly valued — NHS Band 6 and Band 7 Neurological Physiotherapy posts are consistently advertised. The UK is the only destination where your MPT may be assessed for credit toward clinical specialist registration. ILR (permanent residency) after 5 years, citizenship in year 6.

HCPC Registration — NO written exam required:

- Apply to HCPC (Health & Care Professions Council): hcpc-uk.org. Submit BPT + MPT degree certificates, transcripts, and clinical hours proof.
- HCPC assesses your qualification — most MPT Neurology holders from recognised Indian universities receive full registration with no supervised practice requirement.
- Registration fee: GBP 184 for 2 years. Processing: 8–16 weeks.
- Start the HCPC application NOW — even before you have a job offer. Many NHS posts require HCPC registration or 'in progress' evidence.

Visa & English requirement:

- International Health and Care Visa — employer (NHS trust) sponsors you after job offer.
- English: OET Grade B (all 4 components) OR IELTS Academic 7.0 (6.5 minimum each band). OET is strongly recommended for health professionals.
- Visa fee: GBP 715 (discounted Health and Care Visa rate). No Immigration Skills Charge for NHS.
- From offer letter to visa: typically 8–14 weeks.

NHS Band	Typical Role	Annual (GBP)	Monthly (INR approx.)
Band 5	Junior PT, newly registered	GBP 28,407–34,581	Rs. 3,10,000–3,75,000
Band 6	Senior PT / Neuro Specialist	GBP 35,392–42,618	Rs. 3,85,000–4,65,000
Band 7	Specialist / Team Lead Neuro PT	GBP 43,742–50,056	Rs. 4,75,000–5,45,000
Band 8a	Consultant / Advanced Practitioner	GBP 50,952–57,349	Rs. 5,55,000–6,25,000

Where to find NHS Neuro PT jobs:

- NHS Jobs (THE official portal): jobs.nhs.uk — search 'Neurological Physiotherapist'.
- Top neuro units: Royal Hospital for Neuro-disability (London), Walton Centre (Liverpool), NHNN Queen Square (London).
- Private sector: Nuffield Health, Spire Healthcare — often Band 6/7 equivalent pay.
- Recruitment agencies: Medacs, Sanctuary Health, ID Medical — handle visa sponsorship.

ADVANTAGES	CHALLENGES / CAUTIONS
+ ILR (permanent residency) after 5 years.	- OET/IELTS exam required — 2–6 months preparation.
+ NHS pension + structured career progression.	- NHS salaries taxed at 20–40%; lower net than Gulf.
+ No written exam for HCPC — document-based like SCFHS.	- HCPC processing: 8–16 weeks wait.
+ MPT Neurology = direct Band 6 entry typical.	- UK weather and high cost of living (London).
+ Family reunification rights once settled.	- Racism/discrimination still reported in some NHS trusts.
+ World-leading NHS stroke and neuro rehab units.	

DESTINATION 6: AUSTRALIA — STRONGEST INDEPENDENT PR PATHWAY

Australia has an acute shortage of neurological physiotherapists, particularly in regional areas. Physiotherapist is on the Medium and Long-term Strategic Skills List (MLTSSL) — meaning you can apply for points-based permanent residency **WITHOUT** needing an employer. This makes Australia the most immigration-independent destination of all the options here.

AHPRA Registration — NO written exam required:

- Apply to AHPRA (Australian Health Practitioner Regulation Agency): ahpra.gov.au.
- Submit BPT + MPT transcripts and clinical placement records. AHPRA assesses overseas qualifications against Australian standards.
- Most Indian MPT holders receive general registration without supervised practice.
- Cost: AUD 385 (assessment) + AUD 535 (annual registration). Processing: 3–6 months.
- IELTS Academic 7.0 (all bands 7.0) OR OET B required for AHPRA registration.

Skilled Migration Visa (key advantage):

- Subclass 189 (Independent): No employer needed. Points-based EOI via SkillSelect. Need 65+ points minimum.
- Subclass 190 (State Nominated): State government nominates you for +5 points. Applied separately through each state.
- Subclass 491 (Regional): Work in regional Australia 3 years → convert to PR. Best option for neuro PTs willing to go rural — faster and easier.
- Skills assessment via APC (Australian Physiotherapy Council): apc.physio. Must complete before lodging EOI.
- Points contributors: Age 25–32 = 30 pts; Superior English = 20 pts; Overseas experience; MPT qualification; State nomination.

Sector	Annual (AUD)	Monthly (INR approx.)	Note
Public hospital — Grade 3	AUD 72,000–82,000	Rs. 3,90,000–4,45,000	Plus superannuation (11%)
Public hospital — Grade 4/5	AUD 85,000–1,05,000	Rs. 4,60,000–5,70,000	Experienced level
Private neuro clinic	AUD 75,000–95,000	Rs. 4,10,000–5,15,000	Neuro specialty premium
Regional / Rural hospital	AUD 85,000–1,10,000	Rs. 4,60,000–5,95,000	Rural loading + faster 491 visa PR

ADVANTAGES	CHALLENGES / CAUTIONS
+ PR without employer — subclass 189/190 independent.	- AHPRA processing: 3–6 months wait.
+ Physiotherapist on MLTSSL — top migration support.	- APC + AHPRA costs upfront: Rs. 60,000–80,000.
+ No written AHPRA exam — document assessment only.	- OET/IELTS required — 2–6 months preparation.
+ MPT Neurology adds value to APC assessment.	- Regional posting may be needed for faster 491 visa.
+ Excellent work-life balance, safety, quality of life.	- High cost of living in Sydney/Melbourne.
+ Pathway to citizenship (4 years as PR).	

DESTINATIONS 7 & 8: CANADA AND NEW ZEALAND

Canada:

- Registration: Each province has its own PT regulator (CPO for Ontario, CPTBC for BC). National assessment through NPAG (physiotherapy.ca).
- Express Entry (NOC 31202 — Physiotherapist): points-based federal skilled worker PR. Ranked by CRS score; healthcare workers get strong draws.
- PNP (Provincial Nominee): New Brunswick, Manitoba, Saskatchewan actively invite PTs — often faster than federal Express Entry.
- English: IELTS CLB 9 / CELPIP 9 required.
- Salary: CAD 68,000–90,000/year (Rs. 3,50,000–4,65,000/month).
- Timeline to PR: 6–18 months from Express Entry draw.

New Zealand (outstanding PR pathway):

- Physiotherapist is on the Green List Tier 1 — the HIGHEST immigration tier. You can apply for Resident Visa from Day 1 of employment. No years of waiting.
- Registration: Physiotherapy Board of New Zealand (PBNZ) — physioboard.org.nz. Document assessment of BPT + MPT; no written exam.
- Accredited Employer Work Visa (AEWV): most NZ hospitals are accredited. Employer sponsors you; you arrive and apply for residency immediately.
- OET B or IELTS 7.0 required.
- Salary: NZD 70,000–95,000/year (Rs. 3,60,000–4,90,000/month).
- Key employers: Auckland City Hospital, Waikato DHB, Canterbury DHB.

DESTINATION 9: GERMANY — LONG PREPARATION, HIGH REWARD

Germany has an estimated 30,000 unfilled physiotherapist positions. German neurological rehabilitation (Phase B–D) is world-class. However, German language (B2 level, ~600 hours) is non-negotiable before you can apply. This is an 18–24 month preparation pathway but offers some of the best quality of life, social security, and an EU passport pathway in the long run.

- Language: German B2 certificate (Goethe-Institut). Exam centres in Delhi, Mumbai, Chennai, Hyderabad, Kolkata. ~12–18 months preparation.
- Credential recognition (Berufsanerkennung): Apply to the relevant German state health authority. Most Indian BPT + MPT are recognised; any gaps result in a compensatory internship (3–6 months), not a full repeat of training.
- Visa: Job Seeker Visa (6 months) allows you to find employment in Germany, OR a German employer can sponsor you directly with Employment Visa.
- Salary: EUR 2,400–3,200/month gross (EUR 1,900–2,600 net after tax).
- PR (Niederlassungserlaubnis): after 4–5 years. German citizenship now possible in 5 years (recently reduced from 8 years).
- Major neuro rehab employers: BDH-Klinik, MEDIAN Kliniken, Asklepios Kliniken.

ADVANTAGES	CHALLENGES / CAUTIONS
+ Severe PT shortage — very high demand.	- German B2 is a 12–18 month commitment before applying.
+ EU citizenship pathway (travel 27 countries freely).	- Credential recognition can take 6–12 months.
+ Full social security, health insurance, 30 days leave.	- Salary lower than UK/Australia after German tax.
+ Excellent work-life balance.	- Significant cultural adjustment.
+ Free or subsidised further education.	- Patient communication requires German — English not enough.

INDIA OPTIONS — BACKUP OR CV-BUILDING BRIDGE

Given your primary goal is abroad, India is treated here as a strategic bridge — a high-volume neuro caseload position at a reputable Indian centre for 6–12 months strengthens your AHPRA/HCPD application with real numbers.

Sector	Role	Monthly Salary	CV Value for Abroad
AIIMS / PGIMER / NIMHANS	Senior PT / Neuro Rehab Specialist	Rs. 35,000–65,000	Very High — brand name recognition
Apollo / Fortis Neuro	Neurological PT Specialist	Rs. 30,000–55,000	High — private sector exposure
Stroke NGOs / NIEPID	Rehabilitation PT	Rs. 25,000–40,000	High — high neuro caseload
Own Private Clinic	Independent Practice	Rs. 40,000–1,50,000+	Medium

MENTOR'S TIP: If no abroad offer arrives in the next 3 months, spend 6–12 months at a high-volume stroke/neuro unit (AIIMS, NIMHANS or equivalent). Then quote concrete numbers on your international CV — e.g., '28 stroke patients/week, NDT-trained, FIM and Fugl-Meyer assessments daily'. This changes everything.

CERTIFICATIONS TO MAXIMISE GLOBAL EMPLOYABILITY — RANKED BY IMPACT

Each certification below addresses a specific hiring criterion used by international employers and licensing bodies. Ranked by how much they change your shortlisting rate.

1. NDT / Bobath Basic Certification — GOLD STANDARD for Neuro PT globally

- What: 8-day Basic Course + supervised clinical practice hours. Trains you in Bobath handling for stroke, TBI, and CP patients.
- Why it matters: NHS Band 6/7 postings routinely list 'NDT/Bobath desirable'. Australian neuro units offer higher-grade entry to NDT-trained PTs.
- Where in India: NDTA India (ndtaindia.com); Bobath UK visiting tutors; Manipal Institute of Neurological Disorders.
- International body: IBITA (ibita.org) — verify your instructor is listed.
- Cost: Rs. 20,000–45,000.

2. BLS / ACLS — Mandatory for Gulf, UK, and Australia hospital employment

- BLS (Basic Life Support) + ACLS (Advanced Cardiac Life Support) — American Heart Association certification, 1-day course.
- Many Gulf hospitals will not proceed with your visa without this certificate.
- Available at AHA India centres in Delhi, Mumbai, Hyderabad, Bengaluru, Chennai.
- Cost: Rs. 3,000–8,000. Valid 2 years.

3. OET (Occupational English Test) — Opens UK, Australia, Canada, NZ simultaneously

- OET is strongly recommended over IELTS for health workers — tests healthcare-specific English (patient communication, referral letters).
- Target: OET Grade B in all 4 components (Listening, Reading, Writing, Speaking).
- Exam fee: GBP 185. Centres in Delhi, Mumbai, Chennai, Hyderabad, Kolkata.
- Preparation time: 6–10 weeks for most MPT holders. Accepted by HCPC (UK), AHPRA (Australia), PBNZ (New Zealand), CICO (Canada).

4. CIMT — Constraint Induced Movement Therapy

- Widely specified in stroke rehab job descriptions in UK and USA.
- Training through UAB (University of Alabama) — online modules available.
- Some Gulf hospitals (KFSH, Aster UAE) run CIMT workshops for staff.
- Cost: USD 200–400 online.

5. Manual Therapy Certification (IFOMPT-recognised)

- Valuable for UAE/Australia private clinic positions which combine neuro and MSK.
- Recognised programmes in India: Mulligan Approach (MAPT), McKenzie Method (MDT), Kaltenborn-Evjenth.
- Cost: Rs. 15,000–40,000 per course.

6. Dry Needling / IMS Certification

- Premium skill — UAE private clinics and Australian practices pay 15–20% more for dry needling-certified PTs.
- Courses: Academy of Dry Needling India, MYOPAIN Seminars.
- Cost: Rs. 18,000–35,000.

7. Neurological Assessment Tool Competency

- Document your training in: FIM (free cert at udsmr.org), Fugl-Meyer, Berg Balance Scale, MAS (Modified Ashworth Scale), NIHSS, Barthel Index, 10-Metre Walk Test.
- These are explicitly mentioned in KFSH, NHS, and AHPRA job criteria.
- Most are free online; add each to your CV under 'Assessment Competencies'.

8. SCFHS Rank Upgrade — Practitioner Level (DO THIS FIRST)

- Submit your MPT Neurology degree + transcripts to SCFHS under 'Classification Services' at scfhs.org.sa.
- Upgrading from Technician to Practitioner rank raises your eligible Saudi salary band immediately and strengthens your profile for all Gulf country applications.
- Cost: SAR 400–600 classification fee. Timeline: 4–8 weeks.

SCAMS & PITFALLS TO AVOID

- Gulf job agents charging Rs. 1–3 lakh 'placement fee' upfront — legitimate Gulf employers never charge the candidate. Any fee before an offer letter is a scam. Verify employer on India's eMigrate portal: emigrate.gov.in.
- Fake 'SCFHS exam coaching' institutes — SCFHS Technician classification requires NO exam; it is a DataFlow document verification process. Anyone selling exam preparation for basic SCFHS registration is misleading you.
- WhatsApp/Telegram groups advertising 'guaranteed Gulf PT jobs for Rs. 25,000' — these are fake offers or illegal low-paying clinics. Verify every employer at the official health authority website before any payment.
- Fake NDT/Bobath certificates from non-IBITA tutors — only IBITA-certified instructors can award recognised NDT Basic Certificates. Check the instructor list at ibita.org before enrolling.
- Australia migration agents (unlicensed) charging Rs. 2–5 lakh — Australia migration agents must be MARA-registered. Verify at mara.gov.au. APC skills assessment is applied directly at apc.physio.
- 'PR in 3 months' Canada promises — RCIC registration is mandatory for consultants. Verify at icrc-crcic.ca. Express Entry draws cannot be guaranteed.
- UK NHS job offers on Telegram — NHS recruits ONLY through jobs.nhs.uk. Never pay for a UK job offer letter.
- Germany 'placement agents' charging Rs. 50,000+ — use Make-it-in-Germany (make-it-in-germany.com) and EURES (eures.europa.eu) for verified German job listings.
- DataFlow 'fast-track' services — DataFlow is ordered by the licensing authority, not by you. Anyone offering to speed it up for a fee is a scammer.
- Fake OET/IELTS certificate sellers — HCPC, AHPRA, and DHA all verify scores directly with the testing body. A purchased certificate leads to deportation and a permanent ban.

DESTINATION COMPARISON SUMMARY

All salaries are approximate take-home estimates for an MPT Neurology holder with 1–3 years experience.

Destination	Monthly Take-home	PR / Residency	Exam Required	Earliest Start
Saudi Arabia	Rs. 1.0–1.7L (tax-free)	No PR pathway	No — DataFlow only (already done!)	1–3 months
UAE	Rs. 1.3–2.5L (tax-free)	Golden Visa (10 yr)	DHA/MOH Prometric MCQ exam	3–5 months
Qatar	Rs. 1.2–2.2L (tax-free)	Limited	QCHP Prometric MCQ	3–5 months
Kuwait / Oman / Bahrain	Rs. 1.1–1.9L (tax-free)	No PR	Document-based only	3–6 months
UK	Rs. 2.8–4.2L (after tax)	ILR after 5 yrs	No — HCPC is document-based	6–10 months
Australia	Rs. 3.5–5.0L (after tax)	PR w/o employer (subclass 189/190)	No — AHPRA document-based	8–14 months
Canada	Rs. 3.0–4.2L (after tax)	Express Entry PR	NPAG assessment + provincial exam	12–20 months
New Zealand	Rs. 3.2–4.5L (after tax)	Resident Visa Day 1!	No — PBNZ document-based	8–14 months

Germany	Rs. 1.9–2.8L (after tax)	PR after 4–5 yrs	German B2 language + recognition	18–24 months
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YOUR 90-DAY ACTION PLAN

YOUR 90-DAY ACTION PLAN — START HERE

WEEK 1 | Apply to SCFHS for reclassification from Technician to Practitioner rank — submit MPT degree at scfhs.org.sa under Classification Services. Cost ~SAR 400.

WEEK 1 | Rewrite your CV with: SCFHS registration number, patient load per week, equipment used (FES, NMES, treadmill gait training), assessment tools (FIM, Fugl-Meyer, etc.).

WEEK 1–2 | Optimise LinkedIn: Headline = 'MPT Neurology | Neurorehabilitation | SCFHS Registered | Open to Relocation'. Connect with Indian PTs already in target countries.

WEEK 2 | Book BLS/ACLS course (AHA India, 1 day). This is required by virtually every Gulf and UK/Australia employer before they process your visa.

WEEK 2–3 | Apply directly to: Saudi MOH (moh.gov.sa), Hamad Medical Corp Qatar (careers.hamad.qa), Saudi German Hospital Group, NMC Healthcare UAE — NOT through agents.

WEEK 3–4 | Register for OET exam (oet.com/en/). Begin 6–8 weeks of preparation. This single test opens UK, Australia, Canada, and NZ simultaneously.

WEEK 4 | Start HCPC UK application (hcpc-uk.org). Takes 8–16 weeks — start now, even before an offer. Many NHS jobs accept 'HCPC application in progress'.

MONTH 2 | Enrol in NDT/Bobath Basic Course (next India date from ndtaindia.com). This one certification changes your shortlisting rate in UK and Australia significantly.

MONTH 2–3 | Apply to NHS Jobs (jobs.nhs.uk) for Band 6 Neurological PT posts. Mention HCPC application in progress.

MONTH 3 | If no offer yet — register with APC (apc.physio) for Australia skills assessment. Australia is your strongest independent PR pathway and requires no exam.

This guide is prepared as a personal mentor resource. Immigration rules, salary bands, and licensing requirements change regularly — verify all details with the official regulatory body before any decision. Information current as of 2025–26.